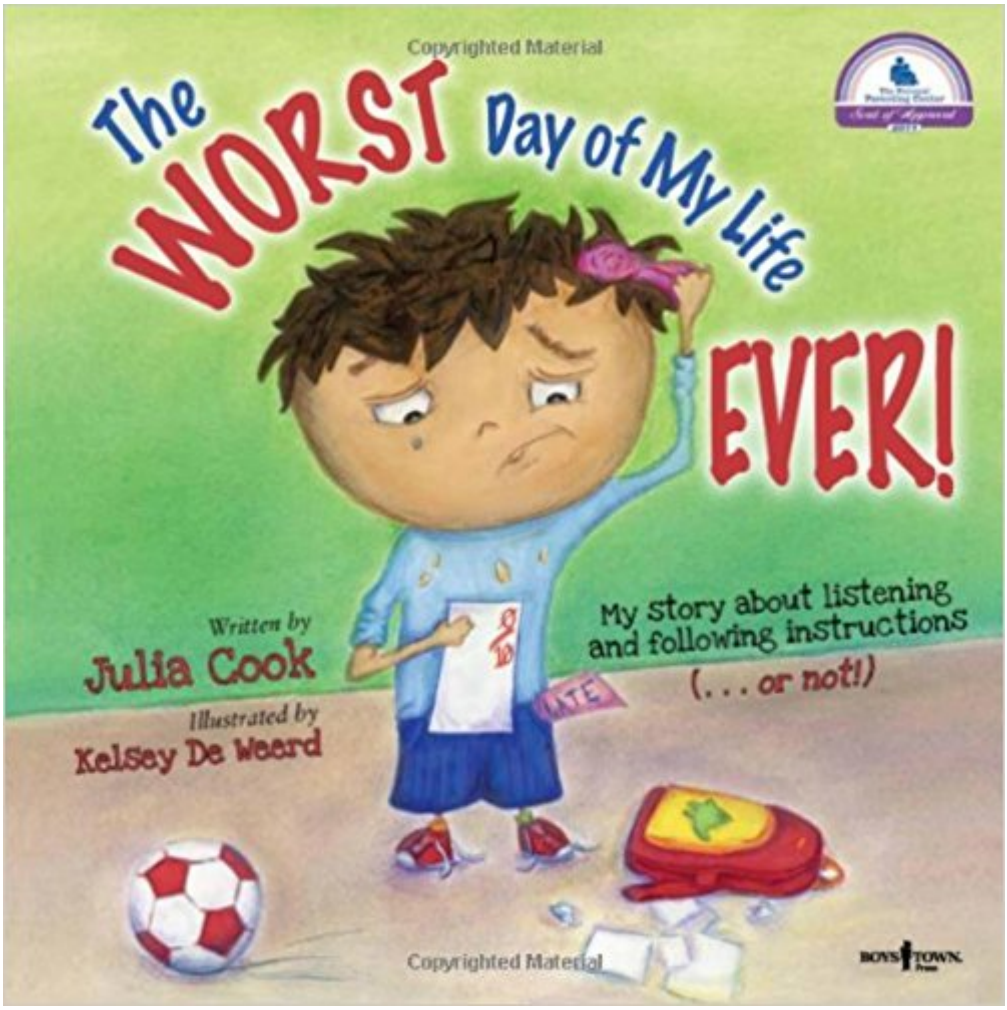
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The Worst Day Of My Life Ever! (Best Me I Can Be)



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Synopsis

RJ has a rough day. He wakes up with gum stuck in his hair, misses recess because he's late to school, earns a zero on his math homework and messes up Mom's kitchen. With his mother's help, RJ learns that his problems happen because he doesn't listen or pay attention to directions. Author Julia Cook's new book shows RJ as well as all K-6 readers the steps to the fundamental social skills of listening and following instructions. When RJ learns to use these skills the right way, he has the best day of his life! This book is the first in the series Best ME I Can Be! to teach children social skills that can make home life happier and school more successful. The skills are part of the Boys Town Education Model that has improved student behavior and classroom climates in hundreds of schools across the country. The book includes tips for parents and educators on how to effectively teach listening and following instructions skills to kids. Winner of the 2011 MOM's Choice Award Honoring Excellence and the National Parenting Center's 'Seal of Approval.'

Book Information

Lexile Measure: AD770L (What's this?)
Series: Best Me I Can Be!
Paperback: 32 pages
Publisher: Boys Town Press; 1 edition (March 15, 2011)
Language: English
ISBN-10: 1934490202
ISBN-13: 978-1934490204
Product Dimensions: 9 x 0.1 x 9 inches
Shipping Weight: 4 ounces (View shipping rates and policies)
Average Customer Review: 4.7 out of 5 stars 124 customer reviews
Best Sellers Rank: #2,427 in Books (See Top 100 in Books) #18 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners #577 inÃ Â Books > Reference
Age Range: 4 - 8 years
Grade Level: Preschool - 5

Customer Reviews

With The Worst Day of My LifeÃƒÆ'Ã Â¢Ãƒâ €Ãƒâ Ã Â|EVER! Julia Cook has hit another home run. Kids will not only relate but learn from the character RJ as he uses listening skills to transform his worst day ever into his best day ever! Parents, teachers, and school counselors will

delight in having such an invaluable resource on their bookshelf. --Roxanne Davidson, Elementary School Counselor, Portland, OR, Founder of Books That Heal Kids BlogListening to others, following directions, making good choices. These are some pretty important lessons for children to learn and a tall order for a book to teach. Author Julia Cook has found a way to present them in a light-hearted manner that parents felt was going to impact their child's social interactions. There is no sense of blame or "I told you so" lessons. In fact the book was seen as empowering and offering a successful approach at illustrating the effects of decision making to small children. There are great parenting tips in the back of the book which include practical techniques for teaching your child to make eye contact when they are talking to someone and even how playing Simon Says can be truly valuable. The book itself features beautiful illustrations that are both bright and colorful. --The National Parenting CenterListening to others, following directions, making good choices. These are some pretty important lessons for children to learn and a tall order for a book to teach. Author Julia Cook has found a way to present them in a light-hearted manner that parents felt was going to impact their child's social interactions. There is no sense of blame or "I told you so" lessons. In fact the book was seen as empowering and offering a successful approach at illustrating the effects of decision making to small children. There are great parenting tips in the back of the book which include practical techniques for teaching your child to make eye contact when they are talking to someone and even how playing Simon Says can be truly valuable. The book itself features beautiful illustrations that are both bright and colorful. --The National Parenting Center

RJ has had a rough day he wakes up with gum stuck in his hair, misses recess because he's late to school, earns a zero on his math homework, kicks the ball into his own team's soccer goal, and messes up Mom's kitchen with his overflowing pancake batter! With his mother's help, RJ learns that his problems happen because he doesn't listen or pay attention to directions from her, his school principal, teachers, or even his friends. Author Julia Cook's new book shows RJ as well as all K-6 readers the steps to the fundamental social skills of listening and following instructions. When RJ learns to use these skills the right way, he has the best day of his life! This book is the first in the BEST ME I CAN BE series to teach children social skills that can make home life happier and school more successful. The book includes tips for parents and educators on how to effectively teach listening and following instructions skills to kids. 2011 Winner of The National Parenting Center Seal of Approval and the MOM's Choice Awards Honoring Excellence.

I have several of Julia Cook's books and love reading them with the kids I work with. This book

gives great, concrete ideas about listening and following instructions (there’s even a little rhyming poem about each!) but it is given in such a way so that kids still enjoy the story! In fact, I have kids who specifically ask to read this book over and over! Given that some books make the kids sigh, roll their eyes, and ask "do we HAVE to?" I count this book’s appeal as a HUGE plus!That said, it is not a be-all, end-all tool for teaching kids these skills -- adults should be reading and discussing these ideas WITH their kids too! With all of these stories, the child and I follow up during and after the story with questions or discussion, such as "What do you think RJ could do differently?" or "How do you think RJ was feeling that morning?" The interaction and discussion is just as important as reading the story and I feel that this story does a super job of opening the door in a fun way for these discussions. The language is also easy enough that many kids can read this themselves, if they wish to.All in all: HIGHLY recommend!

Purchased this to read to my 6 year old first grader. She liked the story and it helped her understand why its important to listen and follow directions, because we have been having some trouble in that area at home and in school. Its a simple story and can be easily understood by young readers.

use in group therapy and the kids relate to it easily! I love all books by Julia Cook and recommend them!

I am a first grade teacher. I highly recommend this book and have shared it with my colleagues. I used this book when my students were struggling with listening and following directions. This book worked wonderfully as a jump off into a class discussion. It helped to illustrate the consequences of listening or not listening in a student friendly way. As a follow up after reading the book, we would remind each other that we didn’t want the "worst day ever, but the "best." I have the rest of Julie Cook’s books on my wishlist:)

This book was a little long for my 4yr old. I like that the message isnÃƒÂ¢Ã â ¬Ã â„¢t just about how to listen but also that it shows the different cause and effect of when RJ makes a choice to listen and follow instructions and when he does not. ItÃƒÂ¢Ã â ¬Ã â„¢s a good starting point and overall got the message across that when we choose to listen and follow instructions our days are better.

Good learning book

.... Not to say that he will continue listening without us going back to this book often (which we will). But it's true! We read it, he intently listened to it. Afterward he told me of some times he should have listened (like when he busted his foot open because he was pressing down on a glass top table, which I had told him time and time again to not lean on the furniture... or the time he busted his lip open when he was sliding and pressing down on a sliding wheel table, which, again, I had told him not to lean on furniture...) Anyways, after reading this book he was behaving like a much better listener. Must more responsive. Following directions better. Yay!

great

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